About PSTC
Population Services and Training Center (PSTC) is a non-government and not-for-profit organization. It works for improvement of condition and status of socially marginalized and disadvantaged people by undertaking various initiatives. PSTC began its operations in 1978.

Background
PSTC is the inheriting organization of Family Planning Services and Training Center (FPSTC) which was created in 1978 following a government order to act as a coordinating body for the government, development partners and local NGOs working in the field of Family Planning and Maternal & Child Health (MCH).

Till 1995, PSTC promoted and developed 82 NGOs throughout the country and provided technical assistance in the area of project management, staff development, community development and sustainability of local NGOs.

In 1995 PSTC started its journey as a National NGO in Bangladesh.

Vision
Improved quality of life of disadvantaged people of Bangladesh.

Mission
PSTC’s aim is to improve the health, social security and physical living condition for people of Bangladesh, especially for those who are poor and socially disadvantaged in sustainable way.

Values
PSTC values are guided by the principle of commitment to its Mission, Vision, target people and the community as a whole. It adheres to the systems, inculcates the culture of integrity, modesty and team spirit.

Operational Area
Total 108 branches with 65 clinics in 32 districts under 07 divisions (Dhaka, Chittagong, Sylhet, Rajshahi, Barisal, Khulna and Rangpur).

Human resources
Total number of staff in PSTC’s is 1,387; 939 numbers of women and 448 are men.

Policy and Guidelines
PSTC is being operated with several policies and guideline, among those few are mentioned below:
- Financial Policy
- Child Protection Policy
- Information Disclosure Policy
- HIV/AIDS Workplace Policy

- Gender Policy
- Conflict of Interest Policy
- Ethics and Integrity Policy

Own Facilities
- Three storied building at Aftab Nagar, Rampura, Dhaka accommodating a comprehensive clinic.
- PSTC has its own campus at Masterbari, Gazipur with a Clinic and a training complex.
- PSTC got possession of 17 Clinic buildings under Dhaka City Corporation (DCC) and Rajshahi City Corporation (RCC)

Area of Expertise
- Clinic & community based health service delivery in urban and rural areas with special focus on mother, children, adolescent and youth
- Children and adolescent development activities including child labor, street children and working women.
- Right based projects (health rights, occupational health rights, children and women rights)
- Water supply, sanitation and Hygiene education program
- Establishing and strengthening GOB-NGO-private sector collaboration and coordination through advocacy program at different level
- Providing technical assistance for Grant Management and capacity building of local NGOs
- Conducting life skills training, skill development training including development of training modules

Unite for Body Rights (UBR) Program
Population Services and Training Center (PSTC)
House # 93/3, Level # 4-6, Road # 8, Block-C, Niketon, Gulshan-1, Dhaka-1212.
Supported by Dutch SRHR Alliance & EKN
Unite for body rights (UBR) Project

Unite for body rights (UBR) Project is launched under the Child Adolescent and Youth Development Program of PSTC. UBR started its journey in September 2010 with the coalition of Bangladesh Alliance (FPAB, PSTC, DSK, RHSTEP & CHC) which was supported by Dutch SRHR Alliance and The Embassy of The Kingdom of Netherlands.

Objectives

- Increased utilization of comprehensive SRHR services targeted at youth and poor people
- Increased delivery of comprehensive sexuality education (CSE)
- Create an enabling environment and demand for sustainability of SRHR services and education

Four Priority Areas

- Comprehensive Sexuality Education
- Sexual and Reproductive Health Services
- Combating Sexual and Gender based Violence
- Freedom of Expression of Sexual Diversity and Gender Identity

Target group

- Young from 10 to 24 years of age (both Married & unmarried)
- Students of schools, colleges and Madrasah
- Out of school adolescents
- Women of reproductive age

Intervention Strategies

- Service Delivery at clinic and Community level
- Capacity Building of Civil Society
- Policy Influencing

Our working areas

- Gazipur- Sadar Upazilla and Chittagong City Corporation
- Ward no 2, 3, 4, 6, 7, 8, 9, 13, 14, 18 (total 10 wards)

Major Activities

- Establish Youth Corners and Peer development
- Provide reproductive health services through both static and satellite clinics
- Enhancing capacity of service providers
- Creating an enabling environment through various initiatives towards changing social norms
- Life skills Training
- Counseling Support
- IEC material development
- Establish referral network and coordination
- Organize Youth Fair

SRHR Rights are Human Rights

- The rights of life, Liberty, security of the person and Bodily integrity
- The right of choose whether or not to marry and to found and planned a family
- And to decide whether or not how and when to have children
- The right of equality, equal protection of the law and freedom from all form of discrimination based on sex, sexuality or gender
- The rights to freedom through, opinion and expression, right to association
- The right to participation for all persons, regardless of sex, sexuality or gender
- The right of personal autonomy and reorganization before the law
- The right to health and to the benefits of scientific progress
- The right to education and information
- The right to accountability redress
- The right to privacy
- Source: IPPF

Our SRHR Education Materials

<table>
<thead>
<tr>
<th>SL</th>
<th>Materials</th>
<th>For Whom</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Life Skills Education</td>
<td>Young Boys &amp; Girls</td>
</tr>
<tr>
<td>02</td>
<td>Grow up with Confidence</td>
<td>Young Boys &amp; Girls</td>
</tr>
<tr>
<td>03</td>
<td>I am Growing Want To Know</td>
<td>Teachers</td>
</tr>
<tr>
<td>04</td>
<td>Menstrual Hygiene Management Booklet</td>
<td>Young Girls</td>
</tr>
<tr>
<td>05</td>
<td>Life Skill Education</td>
<td>Teachers</td>
</tr>
<tr>
<td>06</td>
<td>Reproductive Health Education Guideline</td>
<td>Peers</td>
</tr>
<tr>
<td>07</td>
<td>Peer Hand Book</td>
<td>Peers</td>
</tr>
<tr>
<td>08</td>
<td>My Body My Mind</td>
<td>Young People</td>
</tr>
</tbody>
</table>